

HOUSE OF BLESSING: To help the House of Blessing with their significant increase in the number of people using their services since this time last year, as you are able, if you could bring **hygiene items or food items such as meals in a can for the homeless (ie: chili or stew, etc)** for the House of Blessing Food Bank and place it in the basket at the entrance of the church. Thank you for sharing your blessings with those in need.

CHAIR YOGA UPDATE: “*Chair Yoga*” is still going strong as it finishes its fourteenth week here at Zion. There is always room for newcomers. FYI: the benefits of “chair yoga” include: increased flexibility, improved strength, improved proprioception, reduce stress and pain, improve pain management skills and sleep better. If you want to join in on the fun on **Tuesday mornings from 9:30 A.M. to 10:30 A.M.**, please call Jane in the office at 519-271-8527.

THIS WEEK WE PRAY:

>for our members and friends with special needs: Bruce, Brock, Phyllis, Steve, Anne, Verlie, Mary Anne, Violet, Maria, Brian, Sharon, Susan, Nya, Jane, Brian, Mary Margaret, Lynnette, Al, Glenn, Beryl, Cathy, John, Katana, Brian and Kolby;
>for those who have no one to pray for them.

SERVING SUNDAY, JULY 31st AS WE WORSHIP

Greeters: Volunteers Needed

Reader: Stephen Fischer

Usher Captain: Steve Lamont Team

Counter: Liz Bomasuit Team

FILLED WITH THE SPIRIT



SEVENTH SUNDAY
AFTER PENTECOST

July 24, 2022

ZION LUTHERAN CHURCH

Stratford, Ontario

Church Office: 519-271-8527

Cell: 519-274-1300

email: zionlc@golden.net

website: www.zionstratford.com

People of Zion

Rev. Jeffrey Laustsen

Sister Jean Widmeyer

Paul Shilton

Laura Burton

Sandra Mogensen

Ministers

Pastor

Visitation Minister

Minister of Music

Organist

Pianist

Pentecost 7

July 24, 2022

GATHERING

Prelude

Welcome, Announcements

Confession and Forgiveness

Page 116

GATHERING HYMN 743: “Now to the Holy Spirit Let Us Pray”

Greeting

Page 120

Prayer of the Day:

Almighty and ever-living God, you are always more ready to hear than we are to pray, and you gladly give more than we either desire or deserve. Pour upon us your abundant mercy. Forgive us those things that weigh on our conscience, and give us those good things that come only through your son, Jesus Christ, our Saviour and Lord.

Amen.

WORD

First Reading: Genesis 18:20-32

Psalm: 138

Second Reading: Colossians 2:6-19

Gospel: Luke 11:1-13

Sermon

HYMN 754: “Jesus, the Very Thought of You”

Apostles’ Creed

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Prayers of Intercession

Sharing the Peace

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MEAL

Offertory Prayer

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The Great Thanksgiving

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Communion Prayer

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The Lord’s Prayer

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Distribution of Holy Communion

Post-Communion Prayer

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SENDING

Blessing

Page 136

HYMN 789: “Saviour, Like a Shepherd Lead Us”

Dismissal

Postlude

Zion Lutheran Church **welcomes our visitors and guests.** We are pleased that you have come to join us in the worship of our God of grace and love. May you be strengthened and uplifted in our time together. Plan to be with us, again, at your earliest opportunity.

All people of faith and those who seek faith are welcome to receive the Sacrament of Holy Communion. This morning, we will be distributing the Lord’s Supper in a continuous fashion. Trays holding individual cups of wine are on stands at either side of Pastor Jeff for those wishing to receive wine. The ushers will invite the congregation to come forward down the centre aisle.

Please note that masks are “no longer required”; but, continuing to wear a mask is recommended. Our ropes for “limited” capacity have come down; but, we do encourage “social distancing” wherever possible. “Pre-registration” for worship is no longer required.

WELCOME: We would like to extend a warm welcome to Rev. Nancy Adams who will be leading us in worship this morning.

PASTOR JEFF ON VACATION: A reminder that Pastor Jeff is on vacation the week of July 25th. In his absence Rev. Timothy Elliott will lead us in worship on Sunday, July 31st. Pastor Jeff returns on Tuesday, August 2nd.



We are *very relieved* that our “NEW” phone system is still working smoothly!! Please feel free to reach out to us at 519-271-8527.

We want to thank everyone for your patience and understanding during this ordeal.

CHURCH PARKING LOT CHANGE: Please note that the parking lines were painted July 5th which have redirected traffic flow. The “IN” driveway will now be off of Erie Street and the “OUT” driveway now exits onto St. David Street. This will allow people to exit the mobility bus and other vehicles on the side closest to the building and to add access parking spots in the south parking lot.

HELP IS STILL NEEDED: Gerald Cook is still recovering from his hip surgery and unable to perform his voluntary duties of grounds keeping. In Gerald’s absence, we are seeking volunteers to help with trimming, weeding, yard cleanup, etc. If you are able to help, please contact Jane in the office between 8:00 A.M. and 4:00 P.M. Tuesday to Friday. Thank you!!

PORTABLE MATTRESSES: Our Prayer Shawl Ladies have been asked to assist in making “portable mattresses for the homeless”. These portable mattresses are crocheted from the outer bag when you purchase three quarts of milk. It takes between 500 & 700 bags to make 1 mattress. The bags are sliced, then tied and crocheted together. These mattresses used by the homeless provide a cushion between the ground and the person using them while being waterproof and repelling dust mites, bed bugs and lice.

We are asking you to please save the outer bag when you buy bagged milk and donate them to our Prayer Shawl Ladies. Bags can be dropped off in the red tote under the table at the back of the church or you can drop them off at the office during office hours: Mondays from 8:30 A.M. to 11:30 A.M. or Tuesdays to Fridays from 8:00 A.M. to 4:00 P.M.

Thank you for your support in this worthwhile cause.

We have been asked by Christy Bannerman, Public Education Coordinator at the Alzheimer Society Huron Perth, to assist with public awareness of the following topics presented in their “Education Hour” program.

**ALZHEIMER SOCIETY HURON/PERTH
PRESENTS:**

EDUCATION HOUR

Thursdays from 12:00 - 1:00 p.m.

UPCOMING TOPICS

August 4

10 Warning Signs

August 18

What is Mild Cognitive Impairment?

September 8

8 A’s of Cognitive Impairment

September 22

Types of Dementia: The difference between Dementia and Alzheimer’s

Join their Public Education Coordinator over lunch hour via Zoom to learn more about various topics related to brain health & cognitive change.

To register, please go to: www.alzheimer.ca/perth

Call our office with any questions: 519-271-1910