

**HOUSE OF BLESSING:** To help the House of Blessing with their significant increase in the number of people using their services since this time last year, as you are able, if you could bring **hygiene items, cookies or crackers** for the House of Blessing Food Bank and place it in the basket at the entrance of the church. Thank you for sharing your blessings with those in need.

**CHAIR YOGA UPDATE:** “*Chair Yoga*” is still going strong as it finishes its twentieth week here at Zion. Chair Yoga is open to members and non-members of Zion; so, please spread the word. There is always room for newcomers. FYI: the benefits of “chair yoga” include: increased flexibility, improved strength, improved proprioception, reduce stress and pain, improve pain management skills and sleep better.

If you want to join in on the fun on **Tuesday mornings from 9:30 A.M. to 10:30 A.M.**, please call Jane in the office at 519-271-8527.

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**THIS WEEK WE PRAY:**

>for our members and friends with special needs: Phyllis, Steve, Verlie, Violet, Brian, Anne, Sharon, Bruce, Susan, Nya, Jane, Linda, Donna, Brian, Jim, Mary Margaret, Lynnette, Al, Glenn, Brock, Beryl, Cathy, John, Katana, Brian, David and Kolby;

>for those who have no one to pray for them.

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**\*\*\* RALLY SUNDAY REMINDER \*\*\***

**WORSHIP SERVICE NEXT SUNDAY, SEPTEMBER 11<sup>TH</sup> WILL BE HELD AT UPPER QUEEN’S PARK AT 11:00 A.M.**

**BRING YOUR LAWN CHAIR, BROWN BAG LUNCH & JOIN US!**

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**SERVING SUNDAY, SEPTEMBER 18<sup>TH</sup> AS WE WORSHIP**

**Greeters:** Volunteers Needed

**Reader:** Sister Jean Widmeyer

**Usher Captain:** Tom Cosstick Team

**Counter:** Liz Bomasuit Team

## *GO and Make Disciples*



# 13<sup>th</sup> Sunday after Pentecost

## September 4, 2022

# ZION LUTHERAN CHURCH

Stratford, Ontario

Church Office: 519-271-8527

Cell: 519-274-1300

email: [zionlc@golden.net](mailto:zionlc@golden.net)

website: [www.zionstratford.com](http://www.zionstratford.com)

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## People of Zion

Rev. Jeffrey Laustsen

Sister Jean Widmeyer

Paul Shilton

Laura Burton

Sandra Mogensen

## Ministers

Pastor

Visitation Minister

Minister of Music

Organist

Pianist

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**Pentecost 13**

**September 4, 2022**

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## GATHERING

Prelude

Welcome, Announcements

Confession and Forgiveness

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**GATHERING HYMN 557: “Awake, My Soul, and With the Sun”**

Greeting

Page 120

Prayer of the Day:

**Direct us, O Lord God, in all our doings with your continual help, that in all our works, begun, continued, and ended in you, we may glorify your holy name; and finally, by your mercy, bring us to everlasting life, through Jesus Christ, our Saviour and Lord.**

**Amen.**

## WORD

First Reading: Deuteronomy 30:15-20

Psalm: 1

Second Reading: Philemon 1-21

Gospel: Luke 14:25-33

Sermon:

<https://1drv.ms/v/s!Alrwdlq5YZa1kHZCb3a9vfeF4L-l>

## **HYMN 689: “Praise and Thanksgiving”**

Apostles’ Creed

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Prayers of Intercession

Sharing the Peace

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## MEAL

Offertory Prayer

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The Great Thanksgiving

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Communion Prayer

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The Lord’s Prayer

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Distribution of Holy Communion

Post-Communion Blessing

Post-Communion Prayer

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## SENDING

Blessing

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**HYMN 660: “Lift High the Cross”**

Dismissal

Postlude

Zion Lutheran Church **welcomes our visitors and guests.** We are pleased that you have come to join us in the worship of our God of grace and love. May you be strengthened and uplifted in our time together. Plan to be with us, again, at your earliest opportunity.

All people of faith and those who seek faith are welcome to receive the Sacrament of Holy Communion. This morning, we will be distributing the Lord’s Supper in a continuous fashion. Trays holding individual cups of wine are on stands at either side of Pastor Jeff for those wishing to receive wine. The ushers will invite the congregation to come forward down the centre aisle.

**Please note that masks are “no longer required”; but, continuing to wear a mask is recommended. Our ropes for “limited” capacity have come down; but, we do encourage “social distancing” wherever possible. “Pre-registration” for worship is no longer required.**

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RALLY SUNDAY

OUTDOOR SERVICE

**RALLY SUNDAY OUTDOOR SERVICE:**

Congregation Life will be hosting an outdoor Sunday Service

**on September 11<sup>th</sup> at 11:00 A.M.**

at the Upper Queen’s Park Bandshell.

This will be a brown bag (bring your own) lunch, bottle water will be provided. Please bring your lawn chair as seating will be limited.

**CAN YOU HELP??** Gerald Cook has resumed his outdoor volunteer duties of grounds keeping. Until Gerald regains his strength, any help you can offer with trimming, weeding, yard cleanup, etc. would be *greatly* appreciated and will allow Gerald to fully recover. Thank you!!

**STRATFORD BLOOD DONATION EVENT:** is taking place (by appointment) on Tuesday, September 6<sup>th</sup> from 1:00 P.M. to 8:00 P.M. at the Stratford Rotary Complex, 353 McCarthy Rd. Call 1-888-236-6283 to book your appointment.

**WOMEN OF FAITH SEPTEMBER MEETING:** The Women of Faith would like to invite anyone interested in what they do to come to their September meeting on *Tuesday, September 20<sup>th</sup> at 10:00 A.M.* in the church Fellowship Hall. Please feel free to reach out to any member if you are curious about who and what they are!

**CHURCH PARKING LOT CHANGE:** Please note that the parking lines were painted July 5<sup>th</sup> which have redirected traffic flow. The “IN” driveway will now be off of Erie Street and the “OUT” driveway now exits onto St. David Street. This will allow people to exit the mobility bus and other vehicles on the side closest to the building and to add access parking spots in the south parking lot.

**PORTABLE MATTRESSES:** Our Prayer Shawl Ladies have been asked to assist in making “portable mattresses for the homeless”. These portable mattresses are crocheted from the outer bag when you purchase three quarts of milk. It takes between 500 & 700 bags to make 1 mattress. The bags are sliced, then tied and crocheted together. These mattresses used by the homeless provide a cushion between the ground and the person using them while being waterproof and repelling dust mites, bed bugs and lice.

We are asking you to please save the outer bag when you buy bagged milk and donate them to our Prayer Shawl Ladies. Bags can be dropped off in the red tote under the table at the back of the church or you can drop them off at the office during office hours: Mondays from 8:30 A.M. to 11:30 A.M. or Tuesdays to Fridays from 8:00 A.M. to 4:00 P.M.

Thank you for your support in this worthwhile cause.

<b><u>CHOIR UPDATE FROM PAUL SHILTON</u></b>
I believe that <i>finally</i> we can plan for the return of the choir in the fall. I am aiming, appropriately, for <b><i>Thanksgiving Sunday, October 9, as our target date to reintroduce the choir into our worship services.</i></b>
We will need a few rehearsals in September for the choir members to find their voices again after so long. These dates will be published in the bulletin.
<b>It is a joyous occasion!</b>
If anyone wishes to be involved in the choir, please contact me at <a href="mailto:parkvilla36@gmail.com">parkvilla36@gmail.com</a> or Jane in the office by phone (519-271-8527) or email ( <a href="mailto:zionlc@golden.net">zionlc@golden.net</a> )

We have been asked by Christy Bannerman, Public Education Coordinator at the **Alzheimer Society Huron Perth**, to assist with public awareness of the following topics presented in their “Education Hour” program.

**ALZHEIMER SOCIETY HURON/PERTH PRESENTS:**

**EDUCATION HOUR**

**Thursdays from 12:00 - 1:00 p.m.**

**UPCOMING TOPICS**

**September 8**

8 A’s of Cognitive Impairment

**September 22**

Types of Dementia: The difference between Dementia and Alzheimer’s

Join their Public Education Coordinator over lunch hour via Zoom to learn more about various topics related to brain health & cognitive change.

To register, please go to: [www.alzheimer.ca/perth](http://www.alzheimer.ca/perth)

Call our office with any questions: 519-271-1910

## **VOLUNTEERS NEEDED FOR ZION MEALS ON WHEELS DELIVERY TEAM !**

We are currently seeking more volunteers for our amazing and very dedicated Zion Meals on Wheels Team. Our team has become a little smaller and our current volunteers keep themselves busy with many things! We have had difficulties fulfilling our commitment to this community service for a number of months now.



Through “One Care, Home and Community Support Services”, Zion’s team delivers meals to clients four times per year. This wonderful and very much needed service helps individuals to remain in their own homes. Clients are most appreciative of our help and our volunteers love delivering and putting smiles on their faces as a warm meal is delivered to them.

It is not a huge time commitment on delivery days and very enjoyable. Approximately 1 ½ hours of your time, working with a partner, on a day or two that will suit your schedule during the weeks we deliver. Delivery days are Monday, Wednesday and Friday.

If you would like more information, and would love to be a part of Zion’s Team, please contact me at 519-902-9126 or [jane@terhaerdtd.ca](mailto:jane@terhaerdtd.ca).

Blessings,  
Jane Terhaerdtd  
Co-Ordinator Zion Meals on Wheels